

Trekkers' Check List

Inspired by *Where's Rodney?* by Carmen Bogan

Goal: Prepare for a trip to a state or national park.

You will need:

- Pen or pencil
- Paper or a printed copy of the Trekkers' Planner and Check List

What to do:

- Research a state or national park that you would like to visit and find out how to prepare and what to bring to have a safe, successful, and enjoyable trip. The park's website and the public library are good places to find information.
- Create a Park Planner and a Check List

To think about:

- If you were going to create a new state or national park, where would it be? What natural elements would exist there? For example, trees, rock formations, water features.
- Design a new park. This could be a fantasy space or a place that you have visited that you think could become the next great state or national park. How would this new park benefit everyone? What rules would protect the park and keep it clean and safe for people and wildlife?

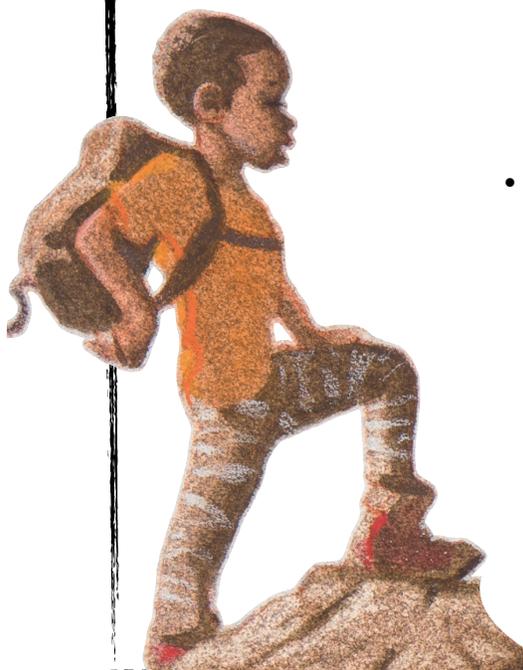


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Your Trip to a State or National Park:

Before you visit any wilderness space:

- **Know what to expect:** Learn about the park before you go. Consider the weather forecast. Dress appropriately and bring layers of clothing.
- **Protect yourself from the sun:** Wear sunscreen, hat, and sunglasses.
- **Water:** Bring your own water. Drink plenty of water so you don't get dehydrated.
- **Bring what you need to have a fun and safe visit.** Know before you visit what you can do and what you want to do on your visit. Please review all guidance from the State and National Park Services that provide information about what is needed for a safe and successful outdoor experience.
- **Do your part. Protect our parks:**
 - Stay on trails
 - Leave no trash behind - pack out what you bring in
 - Do not feed wildlife
 - Be mindful of fire safety at all times
 - Do not approach wildlife. Stay at a safe distance from all wildlife
 - Be considerate of other park users
 - Leave plants, animals and natural objects as you find them: for example, plants, rocks, minerals, animals, insects, shells, feathers, pinecones should remain at the park
 - Store food appropriately at all times while in the park
 - Know and obey park rules
 - Stay out of restricted areas
 - Don't step on plants

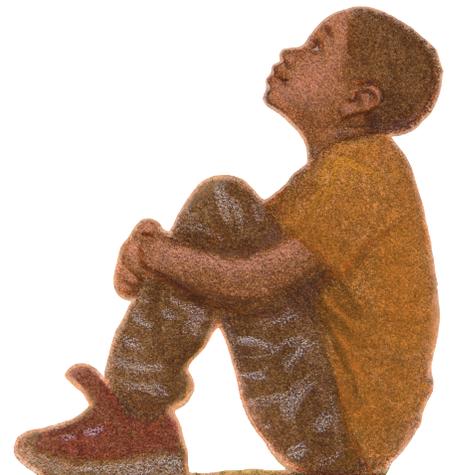


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Trekkers' Planner and Check List:

1. Name of park and location:
2. Time of Year:
3. What are the expected weather conditions on the day I will visit?
4. What do I need to wear and bring to be comfortable?
5. What do people do at this park? Park activities, trails, features?
6. What do I want to do at the park?
7. What do I need to bring to do these things?
8. Items to take to the park:
 - Appropriate shoes or boots/clothes/clothing layers
 - Water
 - Food
 - Sunscreen
 - Chapstick with SPF
 - First Aid Kit
 - Flashlight
 - Insect Repellent
 - Map
 - Cell Phone
 - Other: _____
9. Distance to the park from my location?

Trekkers' Planner and Check List: Extended Planning

1. Transportation to park?
 - Public:
 - Private:
2. Animals who make the park their home:
3. Plan for safely sharing space with wild animals:
4. How does food, trash, and aromatic items (toothpaste, chapstick, etc.) need to be stored so it doesn't attract park animals?
5. How will I manage trash and waste?
6. What plants should I avoid at the park?
7. What are the park's rules?
8. Are there special park precautions or advisories?
9. Are permits/reservations necessary for visiting, parking, hiking, boating, or fishing?
10. If staying overnight, are campsite reservations necessary? What camping gear do I need to bring? Tent, sleeping bag, cooking tools, lights?
11. Who will you and your family share your plans with so they know you are visiting the park?
12. How much money do I need to save to visit the park?
13. Are there park passes available for check out at the library that will reduce parking fees?