

Simon Says “Shape Up!”

This is a game for three or more people.

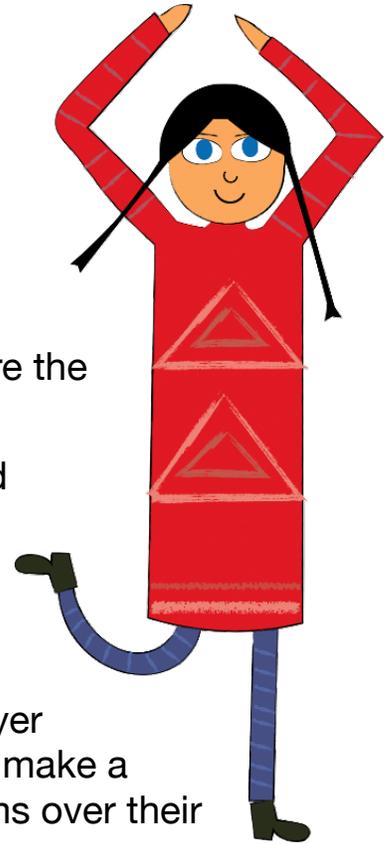
Goal: Have fun making shapes using your body.

You will need:

- Space to move around

How to play:

- Designate one person as Simon. The others are the players.
- Simon: Stands in front of the other players and challenges them to make different shapes with their bodies.
- Players: Follow only the directions that begin with the words “Simon says.” For example, if Simon says “Simon says make a circle,” a player might connect their thumb and index finger to make a circle and another player might round their arms over their head to make a circle.
- Players that perform directions that do not begin with the words “Simon says” should sit out until the next round of the game.
- Simon: Continues giving directions until only one player remains. That one player is the new Simon and the game begins again.



To think about:

- Rather than having players make shapes with their bodies, draw shapes out on the ground using chalk or masking tape. Challenge players to run, skip, hop on one leg, crab-walk, etc. to each shape called out by Simon.
- If there is more than one player, challenge them to make shapes with all of their bodies together. For example, players may join hands and stand together in an oval formation. Players may also arrange their feet together to make a star.

