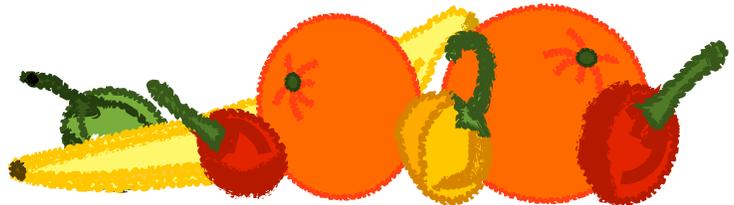


# Food in a Basket

**Goal:** Count and sort play fruits and vegetables

**You will need:**

- Play fruits and vegetables (different quantities of 5 different foods). For example, you could have:
  - 6 apples
  - 5 peppers
  - 4 bananas
  - 3 pieces of broccoli
  - 2 oranges
- Basket or other container



**What to do:**

- Place all the fruits and vegetables in a pile. Mix them up.
- Have your child put one type of food in the basket, one at a time. Count out loud as each piece of food is placed in the basket. For example: 1 banana, 2 bananas, 3 bananas. After counting the bananas, ask your child “How many bananas are there?”
- Pick another food item from the pile and repeat. As your child places each piece in the basket, count out loud.
- Place the food items one by one into the basket while counting out loud. Continue until all the food items are inside the basket.

**To think about:**

- Ask your child to show you how they would sort the food into groups. After they have done it one way, ask them to show you another way.
- Remove all of one type of food from the basket. Count how many pieces you have. Ask how many you would have if you had one more piece. How many would you have if you had one less piece?



