

What to do when...

Inspired by *The Quicksand Book* by Tomie de Paola

Goal: Create a Family Safety Plan

Just like in the story, *The Quicksand Book*, it's important to know what to do when something unexpected happens. Having a plan helps keep people safe.

You might:

- Talk with your family about severe weather patterns and other natural disasters that can affect the area where you live.
- Find out how to protect yourself if there is a natural disaster or emergency such as an earthquake, fire, tornado, flood, or thunderstorm.
- Learn your home address and parent's/guardian's phone number.
- Learn how to call for help if there is a problem and when to call 911.
- Talk about how you will contact your family members and where you will meet if something unexpected happens.
- Build a family safety kit together with important supplies (for example: water, food, blankets, a radio, etc.).
- Practice your plan and make changes as needed. Make sure everyone understands what to do if there is severe weather or a natural disaster.
- Visit this helpful website - <https://www.ready.gov/kids/make-a-plan>.

To Think About:

- Different people have different needs. When making your family plan, consider what each person needs or may need help with to remain safe.

